



# Idaho EMS Ebola Guidelines



## History

- Lived in or traveled from a [country](#) with widespread Ebola transmission within the past 21 days, or
- Had contact with an individual with confirmed Ebola within the past 21 days

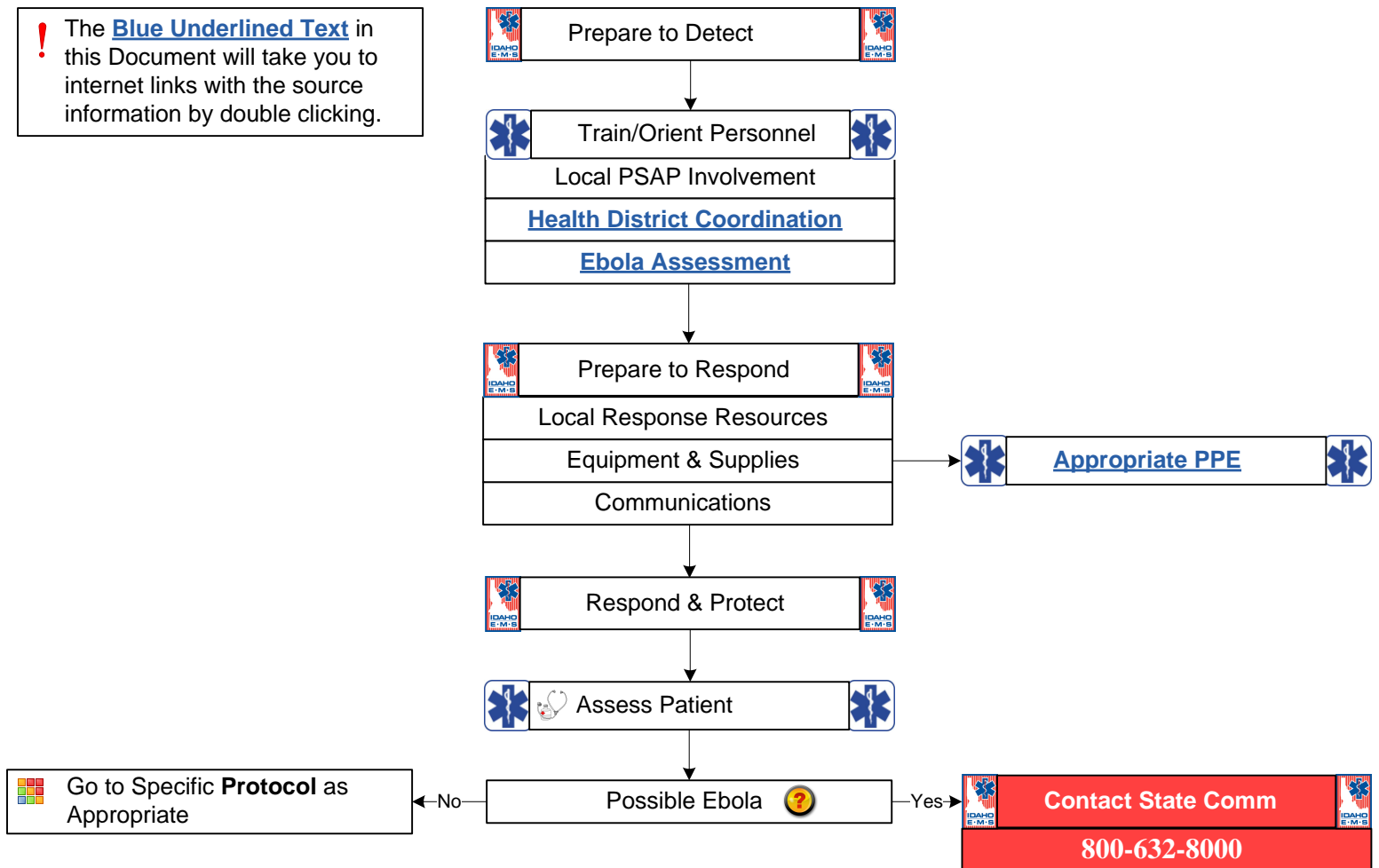
## Signs & Symptoms

- Fever
- Severe headache
- Weakness, fatigue
- Diarrhea, vomiting
- Abdominal pain
- Unexplained hemorrhage (bleeding or bruising)

## Differential

- Other febrile illnesses

! The [Blue Underlined Text](#) in this Document will take you to internet links with the source information by double clicking.



## Pearls

- The Idaho State Communications Center acts as the Statewide coordinator for all suspected Ebola cases and should be the first contact for any suspected cases.
- The State Communications Center (State Comm) will assist with determining the appropriate resources and provide further instructions to responders.
- Regional resources and protocols are in place that will direct who will do this transport with specially prepared vehicles, higher level PPE, and specially trained staff.
- The CDC is continually updating resources as the Ebola outbreak evolves. Keep abreast of changes by coordinating efforts with your local health district.
- Symptoms may appear anywhere from 2-21 days after exposure but the average is 8 to 10 days.
- Ebola Virus Disease (Ebola) is a rare and deadly viral illness which is reportable to the National Notifiable Disease Surveillance System ([NNDSS](#)) in all U.S. states and territories. Early recognition of Ebola is critical for infection control. Health-care providers should be alert for and evaluate any patients suspected of having Ebola.
- The likelihood of contracting Ebola in the United States is extremely low unless a person has direct contact with the blood or body fluids (like urine, saliva, vomit, sweat, breast milk, semen and diarrhea) of a person who is infected with Ebola virus.

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